

Low Cost & Free Meals Directory



Bankstown Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Campsie Uniting Church	36 Evaline St, Campsie 0409 648 623	Centre based meal	Free	Thurs 10am – 12.30pm <i>Call to register</i>	
Meals on Wheels Canterbury	2 Carrington Street, Campsie (02) 9718 3093	Home meal delivery	\$8	Mon - Fri 8am - 3pm <i>Call to register</i>	
Meals on Wheels Bankstown	202 Waterloo Rd, Greenacre (02) 9707 9646	Home meal delivery	Fees apply	Mon - Fri 11.30am - 1pm <i>Call to register</i>	
Meals on Wheels Bankstown: Greenacre Senior Citizen Centre	202 Waterloo Rd, Greenacre (02) 9707 9883	Centre based meal	\$12	Twice monthly Tues 10.30am – 2pm <i>Call to register</i>	
Chester Hill Neighbourhood Centre: Chester Hill Guide Hall	89-91 Waldron Road, Chester Hill (02) 9645 3700	Centre based meal	\$10	Wed 10am – 1pm <i>Call to register</i>	
Exodus Foundation Lakemba	75 Holden St, Lakemba (02) 8752 4600	Centre based meal	Free	Mon, Thurs, Sat 8.30am – 9am	
Exodus Foundation Lethbridge Park	394 Luxford Rd, Lethbridge Park (02) 8752 4600	Centre based meal	Free	Mon – Sat 8am – 10.30am 11am – 12.45pm	
Muslim Women's Association	47 Wangee Road, Lakemba (02) 9750 6916	Frozen meals	Free	Mon - Fri, 9am - 5pm <i>Call to register</i>	
Riverwood Community Centre	151 Belmore Road North. Riverwood (02) 9533 0100	Centre based meal	Free	Mon 5pm – 6pm	
Salvation Army: Courtyard Café	42 Raymond Street, Bankstown	Centre based meal	\$2 - \$4	Wed 10am - 2pm	

Bankstown Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Bankstown Women's Health	24-26 Jacobs St, Bankstown (02) 9790 1378	Food parcels	\$2 contribution	Thurs 9am – 12.30pm <i>Women over 18yo.</i> <i>Call to register</i>	
Community Support Services Bankstown	Level 1, Shop 46a/85-89 North Terrace, Bankstown (02) 8772 0645	Food parcels	\$10 (Fruit, veg) \$15 (Fruit, veg and meat)	Mon – Fri 9am – 2pm <i>Call to register</i>	
Salvation Army Campsie	23 Anglo Rd, Campsie (02) 9718 7933	Food parcels	Free	Tues 9.30am -12pm Thurs & Fri 9.30am-3pm	
St Vincent's De Paul Society Bankstown	2A East Terrace, Bankstown (02) 9796 1176	Food parcels	Free	Mon - Fri 9.30am- 12pm 1pm – 3.30pm	
Riverwood Community Centre	151 Belmore Road North. Riverwood (02) 9533 0100	Bread parcel	Free	Wed 11am – 12pm	

Wellbeing Support
E.g. Counselling, Social Worker

Material Support
E.g. Clothing, Blankets

Financial Support
E.g. EAPA, Nils, Bills

Disclaimer: Information included in this directory is correct at the time of publishing. Date of publication: October 2023. Please contact Health Promotion Service for more information: SWSLHD-HealthyEnvironments@health.nsw.gov.au

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Bankstown Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare St Andrews Anglican Church	Corner Quigg & Lakemba St, Lakemba 0425 219 029	Mobile community pantry	\$3 fresh food	Every second Thurs 1.30pm - 2.30pm <i>Register from 12.30pm</i>	WS MS FS
Anglicare Good Shepherd Church	80 Pandora Street, Greenacre (02) 9750 8250	Mobile community pantry	\$3 fresh food	Every second Wed 12.15pm – 2pm	WS MS FS
Anglicare Riverwood Punchbowl Anglican Church	9 Littleton Street, Riverwood (02) 9153 7624	Mobile community pantry	\$12 bag of pantry items	Every second Thurs 9.30am – 10.30am <i>Call to register</i>	WS MS FS
Anglicare Yagoona Anglican Church	213 Auburn Road, Yagoona (02) 9793 3062	Mobile community pantry	\$12 bag of pantry items	Every second Tues 11am - 12pm	WS MS FS
Campsie Drop in	36 Evaline St, Campsie 0409 648 623	Community Pantry	Free	Mon – Fri 12pm <i>Call to register</i>	
Community Support Services Bankstown	Shop 22, 85-89 North Terrace, The Compass Centre, Bankstown (02) 8772 0645	Community Pantry	Reduced price groceries starting from \$2	Mon – Fri 9am - 3pm	WS MS
Greenacre Area Community Centre - Food Share Program	87 Waterloo Road, Greenacre (02) 9750 7982	Community Pantry	\$2 contribution	Wed 2.30pm – 4.30pm <i>Over 18yo only. Call to register</i>	WS
Lebanese Muslim Association (LMA)	71-75 Wangee Road, Lakemba (02) 9750 6833	Community Pantry	Free	Thurs 10am - 2pm Fri 9am - 10.30am	FS

WS Wellbeing Support
E.g. Counselling, Social Worker

MS Material Support
E.g. Clothing, Blankets

FS Financial Support
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