

# Low Cost & Free Meals Directory



## Camden/Wollondilly/Wingecarribee Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Bowral Uniting Church</b>	28 Bendooly St, Bowral (02) 4862 1350	Centre based meal	Free	Wed 12pm	MS
<b>Foursquare Care</b>	82 Mittagong St, Welby 0409 713 190	Frozen meals	Free	Wed 10.30am - 12pm	MS
<b>Highland Grace – Soul Warmers Cafe</b>	37 Regent St, Mittagong 0439 560 451	Centre based meal	Free	9am - 12pm	
<b>Meals on Wheels Camden</b>	1/18 Little St, Camden (02) 4655 6822	Home meal delivery	From \$6.70 - \$7.90	Mon - Thur 8.30am - 3pm Fri 8.30am - pm <i>Call to register</i>	
<b>Meals on Wheels Mossvale</b>	Lot 1 Queen St, Moss Vale (02) 4647 2073	Home meal delivery	From \$5-\$10	Mon, Wed - Fri 7.30am - 3pm <i>Call to register</i>	FS
<b>PCYC Southern Highlands Dignity Freezers</b>	6 Hawkins Dr, Mittagong	Frozen meals	Free	Mon - Fri 10am-7pm Sat 9am-12pm	
<b>Southern Highland Christian Community Center</b>	3/347 Bong Bong St, Bowral (02) 4861 7460	Centre based meal	Free, Donations welcome	Tues - Fri 10am - 2pm	WS
<b>Turning Point Camden Inc.</b>	15 Edward St, Camden (02) 4655 1567	Centre based meal	Free	Wed 12pm - 12.30pm Thurs 12pm - 12.30pm Women's lunch Fri 9 - 11 am Men's breakfast <i>Call to register</i>	WS FS

## Camden/Wollondilly/Wingecarribee Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Anglicare Moss Vale Anglican Church</b>	Cnr Waite & Browley St, Moss Vale (02) 4868 1299	Mobile community pantry	\$12 bag of pantry items \$3 fresh Free	Every second Fri 1.30pm - 2.30pm Every other Fri 1.30pm - 2.30pm	WS MS FS
<b>Anglicare St Stephans Anglican Church</b>	Cnr Main & Station St, Mittagong (02) 4871 1947	Mobile community pantry	\$12 bag of pantry items \$4 fresh food	Every second Fri 10.30am - 11.30am Plus one Fri a month 10.30am - 11.30am	WS MS FS
<b>Big Yellow Umbrella</b>	Unit 1 corner Queen & Elyard Street, Camden (02) 4647 1283	Community pantry	Free	Mon & Fri 11am - 12.30pm <i>Call to register</i>	MS
<b>Bowral Uniting Church</b>	28 Bendooly St, Bowral (02) 4862 1350	Community pantry	Free	Tues & Wed 10am - 1pm	MS
<b>Highland Grace - Food Co-op</b>	37 Regent St, Mittagong 0439 560 451	Community Pantry	\$25	Thur 9am - 12pm	

**WS** Wellbeing Support  
E.g. Counselling, Social Worker

**MS** Material Support  
E.g. Clothing, Blankets

**FS** Financial Support  
E.g. EAPA, Nils, Bills

**Disclaimer:** Information included in this directory is correct at the time of publishing. Date of publication: April 2024. Please contact Health Promotion Service for more information: SWSLHD-HealthyEnvironments@health.nsw.gov.au

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<b>Mittagong Uniting Church</b>	4-7 Albert St, Mittagong (02) 4862 1350	Community pantry	Free	Mon 9.30am – 11am	MS
<b>Salvation Army</b>	418–420 Bong Bong St, Bowral (02) 4861 3912	Community pantry	Reduced price groceries	Mon & Wed 9.30am-1.30pm	WS MS FS
<b>Southern Highland Christian Community Center</b>	3/347 Bong Bong St, Bowral (02) 4861 7460	Community pantry	Free, donations welcome	Tues – Fri 10am – 2pm	WS
<b>St Vincent de Paul Bowral</b>	248 Bong Bong St, Bowral 0478 258 451	Community pantry	Free	Tues & Thurs 12pm - 3pm <i>Call to register</i>	MS
<b>St Vincent de Paul Mittagong</b>	22 Bowral Road, Mittagong (02) 4871 1922	Community pantry	Free	Mon – Fri 10am – 2pm	MS
<b>St Vincent de Paul Mossvale</b>	502 Argyle Street, Mossvale (02) 4868 2704	Community pantry	Free	Mon – Fri 10am – 2pm	MS
<b>Turning Point Camden Inc.</b>	15 Edward St, Camden (02) 4655 1567	Community pantry	Free	Wed – Fri 10am – 2pm <i>Call to register</i>	WS FS

## Camden/Wollondilly/Wingecarribee Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Camden Digital Arts &amp; Culture Center</b>	2/10 Exchange Pd, Smeaton Grange 0416 923 905	Food parcels	Small bag free \$25 family box	Sat – Sun 10am – 2pm <i>Text by Friday to book</i>	WS MS FS
<b>Dhungung Food Share Aboriginal Community Cultural Centre</b>	1A Rainbow Rd, Mittagong 0418 649 106	Food parcels	Free	Thur 10.30am – 12.30pm <i>For Aboriginal people and families. Call to register.</i>	WS MS FS
<b>Food Aid</b>	Railway St & Spring St, Moss Vale 0431 224 995	Food parcels	Free	Fri 11am – 11.30am <i>Text to order on Thur 9am – 12pm.</i>	WS MS
<b>Foursquare Care</b>	82 Mittagong St, Welby 0409 713 190	Food parcel (fruit, veg & bread)	Free	Wed 10.30am – 12pm	MS
<b>I&amp;T Community Support Team / Yibirrimarra Foundation</b>	Camden area 0447 644 349	Food parcels	Free	Mon – Fri 9am – 5pm <i>Book via Facebook. Must be able to collect.</i>	MS
<b>St Vincent de Paul Picton/Bargo</b>	Picton/Bargo area (02) 4677 2493	Food vouchers	Free	Tues & Fri 9am – 3pm <i>Call hotline and leave message. Assessment required.</i>	WS MS

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