

# Low Cost & Free Meals Directory – Oct 2024



## Bankstown Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Campsie Uniting Church Drop In</b>	36 Evaline St, Campsie 0409 648 623	Centre based meal	Free	Thurs 10am – 1pm	
<b>Meals on Wheels Canterbury</b>	2 Carrington Street, Campsie (02) 9718 3093	Home meal delivery	\$8	Mon - Fri 8am - 3pm <i>Call to register, can be through My Aged Care.</i>	
<b>Meals on Wheels Bankstown: Greenacre Senior Citizen Centre</b>	202 Waterloo Rd, Greenacre (02) 9707 9646	Home meal delivery	Main meal \$8.30	Mon - Fri 8.00am - 2pm <i>Call to register. My Aged Care Number needed.</i>	
<b>Meals on Wheels Bankstown: Greenacre Senior Citizen Centre</b>	202 Waterloo Rd, Greenacre (02) 9707 9883	Centre based meal	\$13- \$15	Twice monthly Tues 10.30am – 2pm <i>Call to register. My Aged Care Number needed.</i>	
<b>Chester Hill Neighbourhood Centre: Chester Hill Guide Hall</b>	89-91 Waldron Road, Chester Hill (02) 9645 3700	Centre based meal	\$10	Wed 10am – 1pm <i>Call to register</i>	FS
<b>Exodus Foundation Lakemba</b>	75 Holden St, Lakemba (02) 8752 4600	Centre based meal	Free	Mon, Thurs, Sat 8.30am – 9am	MS
<b>Exodus Foundation Lethbridge Park</b>	394 Luxford Rd, Lethbridge Park (02) 8752 4600	Centre based meal	Free	Mon – Sat 10am – 10.45am, 11.30am – 12.30pm	MS
<b>Muslim Women's Association</b>	47 Wangee Road, Lakemba (02) 9750 6916	Frozen meals	Free	Mon - Fri, 9am - 5pm <i>Call to check availability</i>	WS MS FS
<b>Riverwood Community Centre</b>	151 Belmore Road North. Riverwood (02) 9533 0100	Centre based meal	Free	Mon 5pm – 6pm Wed 11am-12pm free bread at main entrance.	
<b>Salvation Army: Courtyard Café</b>	42 Raymond Street, Bankstown	Centre based meal	\$2 - \$4	Wed 10am - 2pm	FS

## Bankstown Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Bankstown Women's Health</b>	24-26 Jacobs St, Bankstown (02) 9790 1378	Food parcels	\$2 contribution	Thurs 9am – 12pm. <i>Women over 18yo in Canterbury-Bankstown. Call Mon 10am-11am to make appt.</i>	WS
<b>Campsie Uniting Church Drop in</b>	36 Evaline St, Campsie 0409 648 623	Food parcel	Free F&V, bread and frozen meals	Thurs 10am - 1pm <i>Call to arrange alternative pickup time if required.</i>	
<b>Community Support Services Bankstown</b>	Level 1, Shop 46a/85-89 North Terrace, Bankstown (02) 8772 0645 or 0422 613 383	Food parcels	\$10 (Fruit & veg) \$15 (Fruit, veg & meat)	Mon – Fri 9am – 2pm <i>Call to book in the morning. Bring your own bags.</i>	WS MS FS

**WS** Wellbeing Support  
E.g. Counselling, Social Worker

**MS** Material Support  
E.g. Clothing, Blankets

**FS** Financial Support  
E.g. EAPA, Nils, Bills

**Disclaimer:** Information included in this directory is correct at the time of publishing. Date of publication: Oct 2024. Please contact Health Promotion Service for more information: SWSLHD-HealthyEnvironments@health.nsw.gov.au

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<b>Greenacre Area Community Centre - Food Share Program</b>	87 Waterloo Road, Greenacre (02) 9750 7982	Food parcels	\$2 contribution	<i>SUSPENDED - call for up to date info</i>	
<b>Salvation Army Campsie</b>	23 Anglo Rd, Campsie (02) 9718 7933	Food parcels	Free	Tues 9.30am -12pm Thurs & Fri 9.30am-3pm.	
<b>Salvation Army: Urana street hub</b>	7 Urana St, Villawood 0460 273 424	Food parcels	Free	Mon 1pm -2pm. <i>Call to register from 11am.</i>	
<b>St Vincent's De Paul Society Bankstown</b>	2A East Terrace, Bankstown (02) 9796 1176	Food parcels/ food voucher	Free	Mon - Fri 9.30am- 12pm 1.30pm – 3.30pm <i>Food voucher available with bank statement &amp; centrelink card</i>	
<b>Riverwood Community Centre</b>	151 Belmore Road North. Riverwood (02) 9533 0100	Food parcel	Free	Mon 12:30pm <i>Call to register Mon 10am – 11am. Concession card required.</i>	

## Bankstown Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Anglicare St Andrews Anglican Church</b>	Corner Quigg & Lakemba St, Lakemba 0425 219 029	Mobile community pantry	\$4 fresh food	Every second Thurs 1.30pm - 2.30pm <i>Bring a shopping bag.</i>	
<b>Anglicare Good Shepherd Church</b>	80 Pandora Street, Greenacre (02) 9750 8250	Mobile community pantry	\$4 fresh food	Every second Wed 12.15pm – 1:45pm	
<b>Anglicare Riverwood Punchbowl Anglican Church</b>	9 Littleton Street, Riverwood (02) 9153 7624	Mobile community pantry	\$12 bag of pantry items	Every second Thurs 9.30am – 10.30am <i>Can call to preorder</i>	
<b>Anglicare Yagoona Anglican Church</b>	213 Auburn Road, Yagoona (02) 9793 3062	Mobile community pantry	\$12 bag of pantry items	Every second Wed 12.30pm – 1.30pm <i>Bring a shopping bag.</i>	
<b>Campsie Uniting Church Drop in</b>	36 Evaline St, Campsie 0409 648 623 or 0408 636 432	Community Pantry	Free F&V and bread	Thurs 12.15pm <i>Call to arrange alternative pickup time if required.</i>	
<b>Community Support Services Bankstown</b>	Shop 22, 85-89 North Terrace, The Compass Centre, Bankstown (02) 8772 0645 or 0422 613 383	Community Pantry	Reduced price groceries from \$1	Mon – Fri 9am - 2pm	
<b>Lebanese Muslim Association (LMA)</b>	71-75 Wangee Road, Lakemba (02) 9750 6833	Community Pantry	Reduced price groceries	Thurs 10am - 2pm. <i>Call to register.</i>	
<b>Salvation Army: Urana street hub</b>	7 Urana St, Villawood 0460 273 424	Community pantry	Free	Mon – Wed 10am – 2pm <i>Call to register</i>	

**Wellbeing Support**  
E.g. Counselling, Social Worker

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