

# Low Cost & Free Meals Directory – Oct 2024



## Liverpool Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>All Nations Christian Fellowship</b>	Liverpool, location varies 0424 331 344	Meal delivery	Free	Wed & Fri 6pm – 7pm. <i>Call for delivery location.</i>	
<b>CORE Community Services</b>	16 Woodward Cres, Miller (02) 8582 4110	Frozen meals	Free	Mon – Fri 9am – 4:30pm	
<b>Community Café Outreach Service</b>	54 Celebration Road, Sadleir 0493 048 650	Frozen meals	Free	Mon, Wed & Fri 11am - 4pm	
<b>Dignity Food Relief Program</b>	Liverpool PCYC, 1 Cartwright Av, Miller (02) 8103 5399	Frozen meals	Free	Mon - Fri 9am - 8pm <i>Limits apply</i>	
<b>Rev Bill Crews Foundation Liverpool</b>	28 Pirie St, Liverpool (02) 8752 4600	Centre based meals	Free	Mon – Fri 9am – 9.45am & 11.30am – 12.45pm Sat – Sun 11am – 11.45am	
<b>Rev Bill Crews Foundation Miller: with CORE community services</b>	16 Woodward Cres, Miller (02) 8752 4600	Centre based meals	Free	Mon – Sun 11.30am – 12.30pm	
<b>Rev Bill Crews Foundation Warwick Farm</b>	Hart St Hart Park, Warwick Farm (02) 8752 4600	Centre based meals	Free	Sat - Sun 12pm - 1pm	
<b>Heaven on Earth: Liverpool Pioneers Memorial Park</b>	Liverpool Pioneers Memorial Park 0414 447 883	Takeaway meals	Free	Mon 6pm - 7pm	
<b>Liverpool All Saints Parish</b>	48 George Street, Liverpool 9753 6500	Centre-based meal	Free	Tues & Fri 11.30am - 1.30pm.	
<b>Meals on Wheels</b>	92 Memorial Avenue, Liverpool (02) 9601 3728	Home meal delivery (Bfast, lunch & Dinner options)	Price range: \$2 - \$8.20	Mon - Fri, 9am - 1pm <i>Call to register</i>	
<b>Salvation Army Community Welfare Centre</b>	51-55 Memorial Ave Liverpool, corner of Bathurst Street (02) 9601 2813	Takeaway meals	Free	Mon, Wed & Thu Breakfast 10am Lunch 11.45am	
<b>Shining Stars Foundation</b>	Bigge Park, Liverpool 0416 690 223	Centre based meals	Free	Every second Fri 5pm - 5.30pm	
<b>St Vincent de Paul - Vinnies Vans</b>	Liverpool Pioneers Memorial Park, Macquarie Street 13 18 12	Meals	Free	Tues - Sat 8.30pm - 9.00pm	
<b>St Vincent de Paul - Vinnies Vans</b>	Edwin Wheeler Oval/Miller Park, Cnr Maxwells & Cartwright Avenues, Sadleir 13 18 12	Meals	Free	Tues-Sat 9.15pm – 9.45pm	
<b>Our Community Kitchen Inc</b>	Bigge Park, Liverpool	Meals	Free	Every second Sat 4pm - 5pm	

**Wellbeing Support**  
E.g. Counselling, Social Worker

**Material Support**  
E.g. Clothing, Blankets

**Financial Support**  
E.g. EAPA, Nils, Bills

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## Liverpool Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare	60 Moore Street, Liverpool (02) 8774 7467	Community pantry	\$12 bag of pantry items	Mon- Fri 9.30am- 5pm Sat 10am - 4pm <i>Call to register</i>	WS MS FS
Anglicare Liverpool South Anglican Church	152 Graham Ave, Lurnea (02) 9601 5526	Mobile community pantry	\$12 bag of pantry items	Every second Tue 1pm – 2pm	
Anglicare Moorebank Hammondville Anglican Church	79 Nuwarra Rd, Moorebank (02) 9602 8836	Mobile community pantry	\$12 bag of pantry items	Every second Tue 10.30am-11.30am	
Anglicare St Marks Anglican Church	1 Spica Street, Sadleir 0427 702 188	Mobile community pantry	\$4 bag of fresh food items	Every second Tue 10am - 11am	WS MS FS
Community Café Outreach Service	54 Celebration Road, Sadleir 0493 048 650	Pantry	Free	Mon, Wed & Fri 11am - 4pm	MS

## Liverpool Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare	9-15 Northumberland St, Liverpool (02) 8624 8600	Food parcel	Free	Mon - Fri 9am – 4pm <i>Call to register</i>	WS MS FS
CORE Community Services	16 Woodward Cres, Miller (02) 8582 4110	Food parcel	Free	Mon 2pm - 3pm <i>Call to register</i>	WS MS
CORE Community Services	476 Cabramatta Road, West Mt Pritchard (02) 8582 4170	Food parcel	Free	Mon – Fri 9am – 4pm <i>Call to register &amp; arrange time.</i> <i>Fairfield &amp; Liverpool residents.</i>	FS
Heckenberg Community Connect	1 Tintangara Street, Heckenberg (02) 9607 0077 Head office: (02) 9600 0600	Food parcel	Free	Registration required. <i>Call Tues – Fri 9am – 12pm to arrange pick up day and time.</i>	
Heckenberg Community Connect	1 Tintangara Street, Heckenberg (02) 9607 0077 Head office: (02) 9600 0600	Food parcel	\$7 – dinner in a bag, feeds family of 4	Registration required. <i>Call Tues – Fri 9am – 12pm to arrange pick up day and time.</i>	
I&T Community Support Team / Yibirmarra Foundation	Address provided once approved for parcel	Food parcel	Free	Mon - Fri 9am - 5pm, Sunday on request <i>Book via facebook page</i> <i>Must be able to pick up</i>	MS
Mission Australia	No physical address 8784 5400	Food voucher	Free	Mon – Fri 9am – 1pm <i>Call for assessment.</i> <i>Liverpool LGA only.</i>	MS FS

**WS** Wellbeing Support  
E.g. Counselling, Social Worker





**MS** Material Support  
E.g. Clothing, Blankets


**FS** Financial Support  
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<b>Salvation Army Community Welfare Centre</b>	51-55 Memorial Ave Liverpool, corner of Bathurst Street (02) 9601 2813	Food parcel (F&V and bread)	\$2 bag	Mon & Wed 10am - 12pm	 
<b>Salvation Army Community Welfare Centre</b>	51-55 Memorial Ave Liverpool, corner of Bathurst Street (02) 9601 2813, Assessment line: 8775 7988	Food voucher	Free	Mon - Fri 9am - 3pm For face to face bookings call 9601 2813. For phone assessment call 8775 7988.	 


**Wellbeing Support**  
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