

# Low Cost & Free Meals Directory – November 2025



## Bankstown Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Campsie Uniting Church Drop In</b>	36 Evaline St, Campsie 0409 648 623	Centre based meals	Free	Thurs 10am – 1pm	
<b>Meals on Wheels Canterbury</b>	2/2 Carrington Square, Campsie (02) 9718 3093	Home meal delivery	\$8	Mon - Fri 8am - 3pm <i>Call to register. My Aged Care Number needed</i>	
<b>Meals on Wheels Bankstown: Greenacre Senior Citizen Centre</b>	202 Waterloo Rd, Greenacre (02) 9707 9646	Home meal delivery	Main meal \$8.90	Mon - Fri 8am - 2pm <i>Call to register. My Aged Care Number needed</i>	
<b>Meals on Wheels Bankstown: Greenacre Senior Citizen Centre</b>	202 Waterloo Rd, Greenacre (02) 9707 9646	Centre based meals	\$14- \$16	Twice monthly Tues 10.30am – 2pm <i>Call to register. My Aged Care Number needed</i>	
<b>Chester Hill Neighbourhood Centre: Chester Hill Guide Hall</b>	89-91 Waldron Road, Chester Hill (02) 9645 3700	Centre based meals	\$10	Wed 10am – 1pm <i>Call to register</i>	FS
<b>Rev Bill Crews Foundation Lakemba</b>	75 Haldon St, Lakemba (02) 8752 4600	Centre based meals	Free	Mon & Thurs 8.30am – 9am Tues 11.30am – 12.45pm	
<b>Muslim Women Australia</b>	47 Wangee Road, Lakemba (02) 9750 6916	Frozen meals	Free	Mon - Fri 9am - 5pm <i>Call to check availability</i>	WS MS FS
<b>Riverwood Community Centre</b>	151 Belmore Road North, Riverwood (02) 9533 0100	Centre based meals	Free	Mon 5pm – 6pm Wed 11am - 12pm <i>free bread only, at main entry</i> Every 2 <sup>nd</sup> Thurs 6pm – 7pm. <i>Call to confirm.</i>	
<b>Salvation Army: Courtyard Café</b>	42 Raymond Street, Bankstown	Centre based meals	\$2 - \$4	Wed & Fri 10am - 1pm	FS

## Bankstown Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Bankstown Women's Health Centre</b>	24-26 Jacobs St, Bankstown (02) 9790 1378	Food parcels	\$2 contribution	Thurs 10am – 12pm at set appt time. <i>Call Mon 10am-11am to make appt. Women 18yo+ in Bankstown</i>	WS
<b>Campsie Uniting Church Drop in</b>	36 Evaline St, Campsie 0409 648 623	Food parcels	Free F&V, bread and frozen meals	Thurs 10am - 1pm <i>Call to arrange alt pickup time if required</i>	
<b>Community Support Services Bankstown</b>	Level 1, Shop 46a/85-89 North Terrace, Bankstown (02) 8772 0645 or 0422 613 383	Food parcels	\$10 (Fruit & veg) \$15 (Fruit, veg & meat)	Mon – Fri 9am – 2pm <i>Call to book in the morning. Bring your own bags</i>	WS MS FS
<b>Salvation Army Campsie</b>	23 Anglo Rd, Campsie (02) 9789 0900	Food parcels/ Food voucher	Free	Tues, Thurs, Fri 9.30am - 12.30pm	FS



**Wellbeing Support**  
E.g. Counselling, Social Worker



**Material Support**  
E.g. Clothing, Blankets



**Financial Support**  
E.g. EAPA, Nils, Bills

**Disclaimer:** Information included in this directory is correct at the time of publishing. Date of publication: November 2025. Please contact Health Promotion Service for more information: [WSLHD-HealthyEnvironments@health.nsw.gov.au](mailto:WSLHD-HealthyEnvironments@health.nsw.gov.au)

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<b>Salvation Army: Urana street hub</b>	7 Urana St, Villawood 0460 273 424	Food parcels	Free	Mon 1pm -2pm <i>Call to register from 11am</i>	MS FS
<b>St Vincent's De Paul Society Bankstown</b>	2A East Terrace, Bankstown (02) 9796 1176	Food parcels/ Food voucher	Free	Mon - Fri 9.30am - 1pm 1.30pm – 3.30pm <i>Food voucher available with payslip, bank or Centrelink statement</i>	MS FS
<b>Riverwood Community Centre</b>	151 Belmore Road North. Riverwood (02) 9533 0100	Food parcels	Free	Mon 12.30pm <i>Call to register Mon 10am – 11am. Concession card required. Bring a bag</i>	

## Bankstown Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
<b>Anglicare St Andrews Anglican Church</b>	Corner Quigg & Lakemba St, Lakemba 0425 219 029	Mobile community pantry	\$5 fresh food	Every second Thurs 1.30pm - 2.30pm <i>Registration from 12.30pm. Bring a bag</i>	WS MS FS
<b>Anglicare Good Shepherd Church</b>	80 Pandora Street, Greenacre (02) 9750 8250	Mobile community pantry	\$5 fresh food	Every second Wed 12.15pm – 1.45pm	WS FS
<b>Anglicare Riverwood Punchbowl Anglican Church</b>	9 Littleton Street, Riverwood (02) 9153 7624	Mobile community pantry	\$15 fill a bag of pantry items	Every second Thurs 9.30am – 10.30am <i>Can call to preorder</i>	WS MS FS
<b>Anglicare Yagoona Anglican Church</b>	213 Auburn Road, Yagoona (02) 9793 3062	Mobile community pantry	\$15 fill a bag of pantry items	Every second Wed 12.30pm – 1.30pm <i>Bring a bag</i>	
<b>Community Support Services Bankstown</b>	Shop 22, 85-89 North Terrace, The Compass Centre, Bankstown (02) 8772 0645 or 0422 613 383	Community pantry	Reduced price groceries from \$1	Mon – Fri 9am - 2pm	WS MS FS
<b>Greenacre Area Community Centre - Emergency Food Relief Program</b>	3/159 Waterloo Road, Greenacre (02) 9750 7982	Community pantry	Free	Mon - Fri 9.30am -5pm <i>Must live in Canterbury-Bankstown area. By referral</i>	WS MS
<b>Lebanese Muslim Association (LMA)</b>	71-75 Wangee Road, Lakemba (02) 9750 6833	Community pantry	Reduced price groceries	Thurs 10am - 2pm <i>Call to register</i>	WS FS
<b>Salvation Army: Urana street hub</b>	7 Urana St, Villawood 0460 273 424	Community pantry	Free	Mon – Wed 10am – 2pm <i>Call to register</i>	MS FS



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