

Low Cost & Free Meals Directory – April 2026



Liverpool Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
CORE Community Services	16 Woodward Cres, Miller (02) 8582 4110	Frozen meals	Free	Mon – Fri 9am – 4pm	WS MS
Community Café Outreach Service	64 Cabramatta Road, Miller 0493 048 650	Frozen meals Centre based meal (dinner service)	Free	Frozen meals Mon, Wed & Fri 1pm - 5pm Dinner service Every Tues 6pm-7:30pm	MS
Dignity Food Relief Program	Liverpool PCYC, 1 Cartwright Av, Miller (02) 8103 5399	Frozen meals	Free	Mon - Fri 9am - 8pm <i>Limits apply</i>	
Liverpool Neighbourhood Connections: Dignity Food relief program	11 Gallop Street, Warwick Farm (02) 9600 0600	Frozen meals	Free	Mon – Fri 9am – 4pm	
Rev Bill Crews Foundation Liverpool	28 Pirie St, Liverpool (02) 8752 4600	Van meal service	Free	Mon – Sun 11am – 11.45am	MS
Rev Bill Crews Foundation Miller	16 Woodward Cres, Miller (02) 8752 4600	Van meal service	Free	Mon – Sun 12pm – 1pm	MS
Heaven on Earth: Liverpool Pioneers Memorial Park	Liverpool Pioneers Memorial Park 0414 447 883	Takeaway meals	Free	Mon 6pm - 7pm	MS
Liverpool All Saints Parish	48 George Street, Liverpool (02) 9753 6500	Centre based meals	Free	Tues & Fri 11.30am - 1pm	WS MS FS
Liverpool Neighbourhood Connections	11 Gallop Street, Warwick Farm 9600 0600	Frozen Meals	Free	Mon – Fri until 3pm	
Meals on Wheels	92 Memorial Avenue, Liverpool (02) 9601 3728	Home meal delivery (Bfast, Lunch & Dinner options)	Price range: \$2 - \$8.20	Mon - Fri 9am - 1pm <i>Call to register</i>	WS
Saints Raphael, Nicholas & Irene Parish & Community of Liverpool	Hart Park, next to Warwick Farm Train Station, Liverpool (02) 9601 6464	Takeaway meal	Free	Tues from 6pm	MS
Salvation Army Community Welfare Centre	51-55 Memorial Ave Liverpool, Cnr of Bathurst Street (02) 9601 2813	Takeaway meals	Free	Mon, Wed & Thu Breakfast 10am Lunch 11.45am <i>First in first served</i>	WS MS FS
Shining Stars Foundation	Bigge Park, Liverpool 0416 690 223	Centre based meals	Free	Every second Fri 5pm - 5.30pm	
St Vincent de Paul - Vinnies Vans	Liverpool Pioneers Memorial Park, Macquarie Street 13 18 12	Centre based meals	Free	Tues - Sat 8.30pm - 9pm	WS MS FS

WS Wellbeing Support
E.g. Counselling, Social Worker

MS Material Support
E.g. Clothing, Blankets

FS Financial Support
E.g. EAPA, Nils, Bills

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St Vincent de Paul - Vinnies Vans	Edwin Wheeler Oval/Miller Park, Cnr Maxwells & Cartwright Ave, Sadleir 13 18 12	Centre based meals	Free	Tues - Sat 9.15pm – 9.45pm	WS MS FS
Our Community Kitchen Inc	Bigge Park Liverpool	Centre based meal	Free	Every second Saturday 4pm	

Liverpool Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare Op Shop	60 Moore Street, Liverpool 0456 956 993 1300 111 278	Community pantry	\$15 bag of pantry items	Mon - Fri 9.30am - 5pm Sat 9.30am – 4.30pm <i>Drop in any time during opening hours</i>	WS MS FS
Anglicare Liverpool South Anglican Church	152 Graham Ave, Lurnea (02) 9601 5526 1300 111 278	Mobile community pantry	\$15 bag of pantry items	Every second Tue 1pm – 2pm	WS MS FS
Moorebank Hammondville Anglican Church	79 Nuwarra Rd, Moorebank (02) 9602 8836	Mobile community pantry	\$15 bag of pantry items	Every second Tue 10.30am - 11.30am	
Anglicare St Marks Anglican Church	1 Spica Street, Sadleir 0427 702 188 1300 111 278	Mobile community pantry	\$5 bag of fresh food <i>EFT available</i>	Every second Tue 4pm – 5pm	WS MS FS
Community Café Outreach Service	64 Cabramatta Road, Miller 0493 048 650 See Facebook page for updates	Community pantry	Free	Mon, Wed & Fri 1pm - 5pm	MS

Liverpool Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare	9-15 Northumberland St, Liverpool 1300 111 278	Food parcels	Free	Wed - Fri 1pm – 4pm <i>Call to register</i>	WS FS
Mission Australia	No physical address (02) 8784 5400	Food vouchers	Free	Mon – Fri 9am – 1pm <i>Call for assessment. Liverpool LGA only</i>	MS FS
Liverpool Neighbourhood Connections	11 Gallop Street, Warwick Farm (02) 9600 0600	Food parcels	Free	Tues 10am	

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Salvation Army Community Welfare Centre	51-55 Memorial Ave Liverpool, cnr of Bathurst St (02) 9601 2813 8775 7988	Food parcels (Fruit / veg and bread)	\$3 bag	Mon & Wed 9am – 2pm <i>Call to register</i>	
Salvation Army Community Welfare Centre	51-55 Memorial Ave Liverpool, Cnr of Bathurst St Assessment line: (02) 8775 7988 Face to face booking (02) 9601 2813	Food vouchers	Free	Mon - Fri 9am - 3pm <i>Call to register</i>	
South West Community Care	8/14 Mill Road, Liverpool 0451 826 302	Food parcels	Free	Every second Fri at 1pm	
CORE Community Services	16 Woodward Cres, Miller (02) 8582 4110	Food parcels (Fruit / veg and bread)	Free	Wed 2.30pm - 4pm <i>Call to register. First come first served.</i> Must live in 2168 area Mon – Fri 9am – 4pm Emergency food relief	
CORE Community Services	476 Cabramatta Road, West Mt Pritchard (02) 8582 4123	Food parcels	Free	Mon – Fri 9am – 4pm <i>Call to register & arrange time. Fairfield & Liverpool residents</i>	
Yibirmarra Foundation/ Yibirmarra Foundation Community Outreach Team	Various collection sites across South Western Sydney 0447 644 349	Food parcels (fresh produce and pantry items)	Free	Mon-Fri Call or book via Facebook page for hamper Must be able to collect Thurs 12pm - 1pm Emergency hampers available	
Saints Raphael, Nicholas & Irene Parish & Community of Liverpool	29 Forbes Street, Liverpool (02) 9601 6464	Food parcels	Free	<i>Pick up only.</i> <i>Call to register one week before between Mon-Thurs 9am – 1pm to confirm pickup time.</i>	

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