

Low Cost & Free Meals Directory – April 2026



Bankstown Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Meals on Wheels Canterbury	2/2 Carrington Square, Campsie (02) 9718 3093	Home meal delivery	\$8	Mon - Fri 8am - 3pm <i>Call to register. My Aged Care Number needed</i>	
Meals on Wheels Bankstown: Greenacre Senior Citizen Centre	202 Waterloo Rd, Greenacre (02) 9707 9646	Home meal delivery	Main meal \$8.90	Mon - Fri 8am - 2pm <i>Call to register. My Aged Care Number and meal referral code needed</i>	
Meals on Wheels Bankstown: Greenacre Senior Citizen Centre	202 Waterloo Rd, Greenacre (02) 9707 9646	Centre based meals	\$14- \$16	Twice monthly Tues 10.30am - 2pm <i>Call to register. My Aged Care Number and meal referral code needed</i>	
Chester Hill Neighbourhood Centre: Chester Hill Guide Hall	89-91 Waldron Road, Chester Hill (02) 9645 3700	Centre based meals	\$10	Wed 10am - 1pm <i>Call to register</i>	FS
Rev Bill Crews Foundation Lakemba	75 Haldon St, Lakemba (02) 8752 4600	Van meal service	Free	Mon & Thurs 8.30am - 9am Tues 11.30am - 12.45pm	
Muslim Women Australia	47 Wangee Road, Lakemba (02) 9750 6916	Frozen meals	Free	Mon - Fri 9am - 5pm <i>Call to check availability</i>	WS MS FS
Padstow Community Care	23 Cahors Rd, Padstow (02) 97722299	Frozen meals	Free	Mon, Tues, Thurs & Fri 9.30am-2.30pm <i>Call for assessment.</i>	WS MS FS
Riverwood Community Centre	151 Belmore Road North, Riverwood (02) 9533 0100	Centre based meals	Free	Mon 5pm - 6pm Wed 11am - 12pm <i>free bread only, at main entry</i> Every 2 nd Thurs 6pm - 7pm. <i>May be cancelled. Call ahead to confirm.</i>	
Salvation Army: Courtyard Café	42 Raymond Street, Bankstown	Centre based meals	\$2 - \$4	Wed & Fri 11.30am - 12.30pm	FS

Bankstown Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Campsie Uniting Church Drop in	36 Evaline St, Campsie 0409 648 623	Food parcels	Free F&V & bread	<i>Call to arrange pickup</i>	
Community Support Services Bankstown	Level 1, Shop 46a/85-89 North Terrace, Bankstown (02) 8772 0645 or 0422 613 383	Food parcels	\$10 (Fruit & veg) \$15 (Fruit, veg & meat)	Mon - Fri 9am - 2pm <i>Call to book in the morning. Bring your own bags</i>	WS MS
Padstow Community Care	23 Cahors Rd, Padstow (02) 97722299	Food parcels/ Food voucher	Free	Mon, Tues, Thurs & Fri 9.30am-2.30pm <i>Call for assessment</i>	WS MS FS

WS Wellbeing Support
E.g. Counselling, Social Worker

MS Material Support
E.g. Clothing, Blankets

FS Financial Support
E.g. EAPA, Nils, Bills

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Salvation Army Campsie	23 Anglo Rd, Campsie (02) 8775 7988	Food parcels/ Food voucher	Free	Tues, Thurs, Fri 9.30am - 12.30pm <i>Call for assessment</i>	FS
Salvation Army: Urana street hub	7 Urana St, Villawood 0460 273 424	Food parcels	Free	Mon 9:30am	MS FS
St Vincent's De Paul Society Bankstown	2A East Terrace, Bankstown (02) 9796 1176	Food parcels/ Food voucher	Free	Mon - Fri 9.30am - 1pm 1.30pm - 3.30pm <i>Food voucher available with payslip, photo ID, 90 day bank statement, recent Centrelink income statement</i>	MS FS
Riverwood Community Centre	151 Belmore Road North, Riverwood (02) 9533 0100	Food parcels	Free	Mon 12.30pm <i>Call to register Mon 10am - 11am. Concession card required. Bring a bag</i>	
Yibirmarra Foundation/ Yibirmarra Foundation Community Outreach Team	Various collection sites across South Western Sydney 0447 644 349	Food parcels (fresh produce and pantry items)	Free	Mon-Fri <i>Call or book via Facebook page for hamper</i> <i>Must be able to collect</i> Thurs 12pm - 1pm <i>Emergency hampers available</i>	MS

Bankstown Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare St Andrews Anglican Church	Corner Quigg & Lakemba St, Lakemba 0425 219 029	Mobile community pantry	\$5 fresh food	Every second Thurs 1.30pm - 2.30pm <i>Registration from 12.30pm. Bring a bag</i>	WS MS FS
Anglicare Good Shepherd Church	80 Pandora Street, Greenacre (02) 9750 8250	Mobile community pantry	\$5 fresh food	Every second Wed 12.15pm - 1.45pm	WS FS
Anglicare Riverwood Punchbowl Anglican Church	9 Littleton Street, Riverwood (02) 9153 7624	Mobile community pantry	\$15 fill a bag of pantry items	Every second Thurs 9.30am - 10.30am	
Anglicare Yagoona Anglican Church	213 Auburn Road, Yagoona (02) 9793 3062	Mobile community pantry	\$15 fill a bag of pantry items	Every second Wed 12.30pm - 1.30pm <i>Bring a bag</i>	
Community Support Services Bankstown	Shop 22, 85-89 North Terrace, The Compass Centre, Bankstown (02) 8772 0645 or 0422 613 383	Community pantry	Reduced price groceries from \$1	Mon - Fri 9am - 2pm	WS MS
Greenacre Area Community Centre - Emergency Food Relief Program	3/159 Waterloo Road, Greenacre (02) 9750 7982	Community pantry	Free	Mon - Fri 9.30am - 5pm <i>Must live in Canterbury-Bankstown area. By referral</i>	WS MS

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Lebanese Muslim Association (LMA)	71-75 Wangee Road, Lakemba (02) 9750 6833	Community pantry	Reduced price groceries	Thurs 10am - 2pm <i>Call to register</i>	
Padstow Community Care – Food & Life	23 Cahors Rd, Padstow (02) 97722299	Community Pantry	Reduced price groceries	Mon-Fri 9.30am-4pm <i>Seniors card or proof of gov assistance payment required</i>	
Salvation Army: Urana street hub	7 Urana St, Villawood 0460 273 424	Community pantry	Free	Mon – Wed 10am – 2pm <i>Call to register</i>	



Wellbeing Support

E.g. Counselling, Social Worker



Material Support

E.g. Clothing, Blankets



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